



2022-2023 SUSPENSION LIST



Description	Min Games	Max Games	Comments
Disputing Call of Official			Subject to review
Harassment of Official/Unsportsmanlike Conduct			Subject to review
Goaltender Unsportsmanlike Conduct	1		
Disputing Call with Official: Verbal Abuse	1		
Second Misconduct Same Game	1		
Fighting (1st Offense)	3	5	
Fighting (2nd Offense)	5	indefinite	
Fighting (3rd Offense)	indefinite	indefinite	<u>Essa Hockey has a lifetime 3 strike rule</u>
2 nd Fight, Same stoppage	indefinite	indefinite	
3 rd Man (4 th etc.) into Fight	3	5	
Leaving players bench/Penalty Box	3	5	
Leaving penalty box to start a fight	3	5	
Instigator of a fight	1	2	
Aggressor of a fight	1	1	
Dropping their gloves	1	1	
Fighting off the ice surface	indefinite	indefinite	
Elbowing/Kneeing	2	4	
Slew Foot/Checking from behind	1	3	
High Sticking	1	3	
Cross Checking	1	3	
Slashing	1	3	
Boarding/Body Checking	1	3	
Body Checking (2 nd major of the season)	2	4	
Charging	1	3	
Head Contact	1	3	
Tripping	1	3	
Interference	1	3	
Hooking	1	3	
Roughing	1	3	
Travesty of the Game	2	4	
Obscene Gestures	2	4	
Discriminatory Slur	2	indefinite	GRM3 - Team Rep Serves Suspension if Offender is NOT identified
Threatening an Official	indefinite	indefinite	
Physical Abuse of an Official	indefinite	indefinite	
Spitting	5	indefinite	
Fighting – Ring or Tape on Hand(s)	3	5	
Deliberate Injury	2	4	
3 Minor penalties OR 2 Stick Infractions			Out of the game - no additional games
Goaltender game ejection	1	2	